Updated: Dec 2020 Dr. Ahmad Jaafar

Trach Care

Daily/weekly/monthly

Daily care
☐ Check/restock Go-Bag
☐ Check trach ties and change if needed
☐ Stoma care and change dressing (twice a day and as needed)
☐ Suction every 4 hours (minimum and as needed)
☐ Check suction machine and ensure it is charged
☐ Change HME
☐ Humidifier care (based on type of humidifier)
☐ Check oximeter alarm settings and ensure it is charged
 Clean reusable inner cannula or replace disposable inner cannula (if applicable)
Weekly care
☐ Change trach tube (could be Biweekly)
☐ Clean humidifier (based on type of humidifier)
☐ Clean suction canister and change suction tubing
Monthly care
☐ Change humidifier filter